

Learning Objectives		TRI
 ambulatory setting Attendee will be k health revenue oppo Attendee will under population health Attendee will have t 	an understanding of expanded revenue mowledgeable on the requirements for ortunities stand ways to sustain and grow their am the knowledge to evaluate the opportunit omote a revenue opportunity that can be p	various population bulatory practice for cies available in their
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What Is Po	pulation Health?	
individu	I Institutes of Health defines population health as "the health outcomes of a group of als, including the distribution of such outcomes within the group"	
	Fake a look at your clinical practice and determine:	í
	 What population needs more focus? Diagnosis specific 	
	 Social determinants of health (SDoH) 	
	Are you receiving penalties related to quality outcomes?	
	VBP, HRRP, Payor specific penalties	
	Do you have a high ED utilization with specific patient groups?	
	Frequent utilizers of ED services rather than clinic visits	
	Do you have any value-based reimbursement models currently?	
	ACO, Bundled Payments, Risk-based contracts	
	Do you expect to enter any value-based reimbursement models in the future?	
	More payors are tying payments to outcomes	
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State of Arkansas Access to Care Rankings

Clinical Care *	+	-0.586	43	
Access to Care - Annual *	+	-0.681	43	
Avoided Care Due to Cost	+	12.9%	44	
Providers - Annual *	+	-0.940	47	
Dental Care Providers	±	42.7	48	
Mental Health Providers	+++	254.3	30	
Primary Care Providers	+	216.1	44	
Uninsured	**	9.1%	31	
Preventive Clinical Services - Annual *	+	-0.611	41	
Colorectal Cancer Screening	++	71.4%	35	
Dental Visit	+	57.0%	50	
Immunizations - Annual *	**	-0.420	38	
Childhood Immunizations	**	73.6%	38	
Flu Vaccination	***	47.8%	22	
HPV Vaccination	+	49.6%	44	
Quality of Care - Annual *	**	-0.300	39	
Dedicated Health Care Provider	++	76.3%	32	
Preventable Hospitalizations	++	4,198	35	

Physical Health - Annual *	+	-1.082	46	
Frequent Physical Distress	+	14.2%	48	
High Health Status †	+	48.8%	46	
Low Birthweight	**	9.2%	38	
Low Birthweight Racial Disparity	***	2.0	27	
Multiple Chronic Conditions	+	13.8%	46	
Arthritis *	+	29.5%	43	
Asthma †	++++	9.1%	18	
Cancer *	+	7.6%	44	
Cardiovascular Diseases *	+	12.2%	48	
Chronic Kidney Disease *	++	3.4%	38	
Chronic Obstructive Pulmonary Disease *	+	9.0%	46	
Diabetes *	+	13.2%	44	
Risk Factors - Annual *	+	-1.130	41	
High Blood Pressure *	+	41.0%	47	
High Cholesterol *	+	37.4%	47	
Obesity	+	36.4%	41	









Chronic Care Management (CCM) Services

Two-thirds of patients on Medicare have 2 or more chronic conditions

What is Chronic Care Management?

- CMS recognized the need for management of chronic conditions as a critical component of primary care services
 - In 2015 CMS began reimbursing for these services that are "incident to" a practitioner service
 - These services meet general supervision requirements and can be billed by practitioner when it is performed under his/her overall direction
 - Management of chronic conditions has been found to lead to better health outcomes and higher rates of patient satisfaction
 - Only one practitioner can be reimbursed each month for these services
 - CCM services can be reimbursed to a primary care provider or specialist
 These services are billed by the practitioner and can be provided by clinical staff under the direction of the practitioner
 - Separate payment in addition to <u>office visits</u>
 - Billed based on time spent coordinating care and managing chronic conditions
 - Purpose is to provide support in between appointments and to help patients stay on track with their treatment plan for better health

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How is Chronic Care Management Services Defined?

- Non-Face-to-Face Services provided to Medicare patients
 - Patients must have 1 or more chronic conditions that are expected to last at least 12 months and that place the patient at significant risk of death, acute exacerbation or functional decline
 - Billable services include:
 - Communication with the patient and/or caregiver
 - Coordination of care with other treating medical professionals
 - Medication management
 - Accessibility 24 hours per day to the clinical team
 - Care plan development and revision



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Patient Eligibility for CCM Services (continued)

Initiating Visit Required

- Patients MUST have had a face-to-face visit with practitioner within the past 12 months prior to the start of CCM services
 - It is important to make sure patients have annual check-ups at a minimum
 - Case Managers coordinate office visits to promote routine primary care and follow-up
- If a visit has not occurred in the past 12 months or for new patients:
 - CMS requires initiation of CCM services during a face-to-face visit
 - This is not part of CCM and is separately billable
 - Practitioners can bill G0506 during this visit as an add-on code for comprehensive assessment of and care planning for patients requiring chronic care management services (separately billable also from CCM services)



Patient Eligibility for CCM Services (continued)

Although patient cost-sharing applies to the CCM service, most patients have supplemental insurance to help cover CCM cost sharing. Also CCM may help avoid the need for more costly services in the future by proactively managing patient health, rather than only treating severe or acute disease and illness.

Consent only needs to be obtained once PRIOR to starting CCM unless the patient changes practitioners that furnish CCM

- Patient Consent is Required for CCM Services
 - Consent can be verbal or written <u>MUST</u> be documented in the medical record
- Consent must inform the following:
 - The availability of CCM services and applicable costsharing
- That only one practitioner can furnish and be paid for CCM each calendar month
- The right to stop CCM services at any time (effective at the end of a calendar month)

Comprehensive & Transitional Care Management Services

- Systematic assessment completion
- Physical, medical, functional and psychosocial needs
- Ensure timely receipt of all recommended preventive care services
- Annual wellness exams, routine office visit needs, immunizations, lab/diagnostic routine services
- Medication reconciliation and management
- Review of adherence and potential interactions
- Oversight and promotion of self-management
- Coordinating care with community resources
 - Home and community-based care providers
 - Communication to and from community providers
- Manage care transitions between providers and settings
- Referrals to providers, follow-up on ED visits and hospital discharge
- Exchange continuity of care documentation with providers
 - Share information with other providers involved in care



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Access to Care & Care Continuity Requirement

- Access 24/7 to practitioners or clinical staff is required
 - Provide patients with contact information to address any urgent needs regardless of day/time
 - Ensure continuity by scheduling routine appointments
 - Provide any enhanced opportunities for the patient to communicate electronically or telephonically with the practitioner
 - Telephone, secure messaging, internet, patient portal should be offered

CCM Services - Key Elements (Non-Complex and Complex CCM)

Documentation

- Record all interactions and time spent
 - Be specific in documentation
- Document each individual contact and/or coordination service
- Document the POC and list goals
 - Also document each POC initiation, update, monitoring or revision
- Record demographics, problems, medications and allergies using EHR
- Calculate total time for the calendar month to determine appropriate CPT for services provided

DOCUMENTATION IS KEY!

- Examples of activities that are included in the time requirement:
 - Telephone communication
 - Review of medical records and test results
 - Self-management education and support
 - Coordination and exchange of health information with other providers
 - Can include any face-to-face time with patient or other health professionals
 - Sharing of health information including POC with patient or healthcare team
 - Managing care transitions providing referrals and facilitating follow-up care
 - Coordinating with community providers















CCM Sample Population A1C Trends 10 9 8 7 6 5 4 3 2 1 0 3 Λ 6 8 10 Average Initial A1C Score 6.3 7 6.5 6.4 6.9 8.8 7 6.9 6 7.4 6.92 Follow-up A1C 6.2 7.2 6.2 6.7 6 6.9 6.54 6.4 6.2 6.6 7 Initial A1C Score -Follow-up A1C TRILOGY









CoCM Billable Codes **CoCM Reimbursement Trends** *G0512 99494 99493 99492 \$0.00 \$20.00 \$40.00 \$60.00 \$80.00 \$100.00 \$120.00 \$160.00 \$140.00 99492 99493 99494 *G0512 2022 Reimbursement \$135.31 \$57.61 \$138.64 \$151.23 2021 Reimbursement \$139.00 \$135.79 \$57.80 \$145.38 2022 Reimbursement 2021 Reimbursement *Rural Health Clinics- Only bill G0512 for CoCM services (70 minutes or more for initial visit and 60 minutes or more for ongoing)









Transitional Care Management

- There are three components that MUST be completed within 30 days beginning the day of the actual discharge:
 - Interactive Contact
 - Non-Face-to-Face Services
 - Face to Face Visit
- The following providers can furnish TCM services:
 - Physicians- any specialty
 - Non-physician practitioners (As legally authorized and qualified by scope of practice and state law)
 - Certified nurse midwives
 - Clinical Nurse Specialists
 - Nurse Practitioners
 - Physician Assistants

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Non-Face-to-Face Services for Transitional	l Care
 Non-Face-to-Face Services for Transitional Services by Clinical Staff Under the Providers Direction Communicate with agencies and/or community services Provide education to the patient, family, caregiver to support self-management, independent living and ADLs Assess and support treatment adherence and medication management Medication reconciliation Identify available community resources 	 Services by Physician or Provider Obtain and review discharge information Review need for follow-up on pending tests and treatments Interact with other healthcare professionals who will assume or reassume care of the patients system specific problems Provide education to the patient, family and/or caregiver Establish or re-establish referrals and arrange for needed community resources
 Assist with accessing needed care and services Page 41 	Assist in scheduling required follow-up with community providers and services







Requirements for RPM Patient Eligibility Eligible Billing Providers Providers that are eligible to Patients with chronic and acute conditions furnish E&M services such as: Established patients Physicians Nurse Practitioners During PHE new patients are allowed Physician Assistants Patient consent Rural Health Clinics are not Required at the time RPM services eligible for billing RPM are furnished TRILOGY









Program Trend		e or All March 16 Al-					11	for at the h			In ant a tal		Alerts	Notifications		
	~6	Sep		Ort			NEV		0	ec .		jan		Feb	Accept All	X Reject All
	Tue Jan 19	Wed Jan 20	Thu Jan 21	Fri Jan 22	Sat Jan 23	Sun Jan 24	Mon Jan 25	Tue Jan 26	Wed Jan 27	Thu Jan 28	Frt Jan 29	Sat Jan 30	Sun Jan 31	Mon Feb 1		Mon, Feb 1
Health Index 💿	47	56	47				74	47	65	47	91			92	Patient has reque	sted a return video call for a concern to discuss my medication
Biometrics														_	Do you have an a	ppetite? : No.
49 BP Immitigi	178/90	179/89	179/88						174/89					155/90 132/83	C 8P 155/90 mm Hg	g (Exceeding or equal to SBP Alert Lin adium alert = at least 23 mm Hg high g).
Weight (55)	154	152	154				152	150	153	150	151			152 150	-	than or equal to Alert Limit of 94%).
♥ Pulse (bpm)	81	87	69				76	64	87	84	77			60 82		
4 02 Sat (%)	98	96	97				98	97	97	100	98			91		

















Examples of Patient Testimonial Quotes

- "I don't know why I put this program off for so long because you have made my life so much easier. I have been telling everyone that will listen about this program."
- "I'm glad you are here, and I have you. You've made me want to start taking better care of myself."
- "I am very thankful for this program and have learned so much about getting health and I want you to know how much I appreciate you."
- "I feel so much better after this program. I was having headaches and you got my blood pressure under control by helping me get the care I need. I have also lost weight with your help, so I want you to know how much I appreciate you."

Patient Story Examples

Patient having an active heart attack

- Worked with patient on getting to the hospital for intervention
- Non-Q wave MI and ultimately needed a pacemaker
- Now home and doing great

Patient having an active stroke

- Identified during conversation symptoms of a possible stroke
- Coordinated getting patient to the hospital
- Stroke intervened timely and now home doing great

Patient having an active

- Identified through screening over the phone
- CM team intervened the crisis with RN and SW support
- Crisis team mobilized to the home and patient admitted to facility
- Suicide prevented for timely intervention

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